



Festival Logo designed by William Frogley,
Brooke Weston CTC.



WALKING PROGRAMME 4th - 6th MAY 2013

Welcome to the 5th Corby Walking Festival. We hope you enjoy walking and taking in some of the wonderful scenery courtesy of the town's woodlands and the Rockingham Forest countryside. A variety of themed walks is included such as local history and arts activities. Or if you fancy more of a challenge, try completing the Around Corby Route, a total of 34 miles. All walks are free of charge, unless stated otherwise, and they are led by qualified, experienced walk leaders. No matter what your fitness level, you will find something in this programme to suit you. This festival is for the young and the young at heart!

EXTRA FESTIVAL DATES:

WALKING FESTIVAL SPRING WALK - Friday 3 May, 7pm. Join us for an evening Friendship Walk, starting from the White Lion Pub, 38 Queen Street, Geddington, NN14 1AZ. Then try your luck at the quiz during the social evening at the White Lion afterwards. All donations kindly given will support the Lakelands Day Care Hospice in Corby. Thanks to the White Lion pub in Geddington for supporting the Festival.

FOR FAMILIES - Festival Community Fun Day, Monday 6 May at East Carlton Country Park, Leicestershire from 12 noon - 4pm. Join in the fun, with bouncy castles, archery, face-painting, games, falconry display, petting corner and much, much more! (There will be a small charge for some activities). All proceeds will support the work of Lakelands Day Care Hospice.

The Festival is the result of partnership working by a number of agencies and local organisations. Thanks to all partners who contributed time, resources and funding to this event. Thanks to Lakelands Day Care Hospice for providing transport for the Around Corby routes.

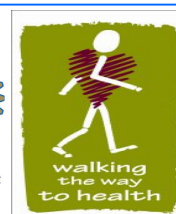
For more detailed information on all walk routes, visit the Festival website: www.corbywalkingfestival.org.uk or the Facebook page Corby Walking Festival.

Leaflet sponsored by Seatons Solicitors - The friendly professionals Tel 0800 0 20 21 21.

All walkers participate at their own risk. The event organisers and associated partners will not be held liable for any injuries or incidents that may occur. All children and young people under the age of 18 years must be accompanied by a responsible adult during the walk programme activities. Dogs on leads are permitted at the walk leader's discretion. Walk leaders have the right to refuse any walkers whose dogs do not appear to be under control.



Northamptonshire
County Council



PLEASE ARRIVE AT THE MEETING POINT 15 MINUTES BEFORE THE START TIME. ALL WALKS ARE FREE OF CHARGE, UNLESS STATED OTHERWISE.

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Fri 3 May	7.00pm	Suzanne Preston - Corby Borough Council	<u>Step into Spring Friendship walk.</u> In support of Lakelands Day Care Hospice. Then join us for a quiz and buffet at the White Lion Public House in Geddington. <i>Duration: 1 hour</i>	White Lion Pub, 38 Queen St, Geddington, Northants, NN14 1AZ (Park in main car park off New Road).

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Sat 4 May	9.00am	Mel Jarvis	The first leg of the Around Corby walking route. Some stiles, one short gradient. Bring food & drink for day. 2 refreshment breaks and a longer stop for lunch. <i>Duration: 8 hours</i> <i>Distance: 18 miles</i>	Outside café, East Carlton Country Park, East Carlton, LEICS LE16 8YF. (GRSP 833893). Transport will be provided back to East Carlton Park from Brigstock.
Sat 4 May	9.00am	Chris Eilbeck - Ramblers Contact No 07932071781	Linear walk from north edge of Wellingborough to Great Oakley, Corby. <i>Duration: 5.5 hours</i> <i>Distance: 14 miles. Picnic Lunch at Weekley.</i> <i>Please bring own food and bus fare.</i>	Viking Way, Corby off A6014 (Oakley Road). (GRSP867-866). Catch X4 bus to starting point in Wellingborough.
Sat 4 May	10.00am	Chris Eilbeck - Ramblers Contact No 07932071781	Linear walk from north edge of Wellingborough to Great Oakley, Corby. <i>Duration: 5.5 hours</i> <i>Distance: 14 miles Picnic Lunch at Weekley.</i> <i>Please bring own food and bus fare.</i>	(alternative meeting point) Ock 'N' Dough Public House, Farm Road, off A510 (Northern Way). GRSP 883-697. Walk from here & return by bus.
Sat 4 May	10.30am	Ian Preston	Exploring the history of local village of Gretton, from the Romans to the 20th Century. <i>Duration: 1.5 hours</i> Walk can be followed by a bar meal at the Hatton Arms Public House. Walkers must pre-book with walk leader on the day.	St James Church, Station Road, Gretton, Northants. NN17 3BU.
Sat 4 May	10.30am	Dr Peter Hill Contact No 01536 741439	A circular history walk to the site of Pipewell Abbey. <i>Duration: 2.3 hours</i> <i>Distance: Approx 5 miles</i>	Great Oakley Village Hall Car Park, off Lewin Road, Great Oakley, Corby. NN18 8JS.
Sat 4 May	11.00am	Bob Seaton - Ramblers 01832 273170	Circular route via Neville Holt. <i>Duration: 4.5 hours</i> <i>Distance: 9 miles</i>	Wishing well, East Carlton Country Park, East Carlton, LEICS LE16 8YF. SP833893
Sat 4 May	11.00am	Noel Rogers & Rita Robins - East Carlton Walking Group	Lyveden New Bield route. A delightful trek across the Lyveden Valley. End the walk with a stroll in the Elizabethan Gardens and refreshments by the moated garden. <i>Distance: 6.5 miles. Duration: 3.5 hours</i>	Visitors Car Park, Lyveden New Bield, Oundle. PE8 5AT. (Contact No for N Rogers: 07785 237025)
Sat 4 May	2.00pm	Ann & Alan Potter - East Carlton Walking Group	A walk around picturesque Lady wood, followed by a guided tour of the historic National Trust Lyveden New Bield Lodge and Elizabethan Gardens. <i>Distance: 1 - 2 miles</i>	Visitors Car Park, Lyveden New Bield, Oundle. PE8 5AT.

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Sun 5 May	9.00am	Mel Jarvis	Completion of the 'Around Corby' route. Some stiles. <i>Duration: 8 hours. Distance: 17 miles.</i>	Outside Café, East Carlton Country Park, East Carlton, LEICS LE16 8YF.
Sun 5 May	9.30am	Chris Eilbeck-Ramblers Contact No 07932071781	Circular Walk via Gumley & Foxton. Lunch break at the Railway Public House. <i>Duration: 6.5 hours. Distance: 16 miles</i>	The Square, Market Harborough, Leics (GRSP 734-872).
Sun 5 May	10.00am	Margaret Brain - Ramblers	Circular route from East Carlton to Wilbarston. <i>Duration: 3.5 hours. Distance: 7 miles.</i>	Wishing Well, front of Park Café, East Carlton Country Park, LE16 8YF.
Sun 5 May	10.00am	Kye Bishop – Corby Borough Council	Try a demo of Nordic walking. With the use of poles, Nordic walking is a fantastic whole body workout! <i>Duration: 45 minutes</i>	East Carlton Park Cafe, East Carlton Country Park LE16 8YF.
Sun 5 May	11.00am	Billy Dalziel - Corby Borough Council	Circular route taking in historic sights of Corby Old Village. <i>Duration: 90 minutes approx. Distance: 1.5 - 2 miles. (Contact No 07500 006319)</i>	Corby Heritage Centre 75-77 High Street Corby. NN17 1UU.
Sun 5 May	11.00am	Noel Rogers & Rita Robins - East Carlton Walking Group	Circular route via historic Kirby Hall. <i>Duration: 3 hours. Distance: 5.5 miles.</i>	Gretton Village Hall, Kirby Road, Gretton, Northants. NN17 3DB. (GRSP 902944).
Sun 5 May	11.00am	Ron Vickers – East Carlton Walking Group	Join the Well Walk around Corby Boating Lake. <i>Duration: Approx 30 minutes -1 hour.</i>	Corby Boating Lake Cottingham Road, Corby. NN17 1TA.
Sun 5 May	1.00pm	Kye Bishop – Corby Borough Council	Try a demo of Nordic walking. With the use of poles, Nordic walking is a fantastic whole body workout! <i>Duration: 45 minutes</i>	Front of café, East Carlton Country Park LE16 8YF.
Sun 5 May	2.00pm	James Steventon	A sound based mapping activity with Fermynwoods Contemporary Arts suitable for adults and children. <i>Duration: 2 - 3 hours.</i>	Fermyn Woods Country Park, Lyveden Rd, Brigstock, Northants. NN14 3HS. (GRSP 952849).
Sun 5 May	7.00pm	Chris Eilbeck – Ramblers Contact No 07932071781	Circular evening walk taking in Corby's woodland areas. <i>Distance: 3 - 4 miles</i>	Spread Eagle Public House, Oakley Hay, Corby, Northants. (GRSP 863-858).

NEW FOR 2013 - SELF GUIDED WALK ROUTES. WOODLAND TRAILS IN CORBY

These walks are self guided, so you can choose to enjoy these routes at your own convenience.

Visit the Corby Walking Festival website www.corbywalkingfestival.org.uk for a copy of the map.

Unled Walk Route	Description & Distance	Starting Point
The Hazel Trail	A short circular route. Distance: 0.6 miles. Duration: 30 minutes. <i>Follow red waymarkers.</i>	Corby Boating Lake, Cottingham Road, Corby, NN17 1TA.
The Willow Trail	Circular route taking in the tranquil Boating Lake. Distance: 1.6 miles. Duration: 1 hour. <i>Follow blue waymarkers.</i>	As the Hazel Trail
The Oak Trail	Circular route exploring all the woodland. Distance: 2.3 miles. Duration: 2 hours. <i>Follow green waymarkers.</i>	As the Hazel Trail

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Mon 6 May	9.30am	Chris Eilbeck - Ramblers	Circular walk in the Welland Valley. Bring your own food. <i>Duration: 6.5 hours</i> <i>Distance: 16 miles</i>	Wakerley Wood Car Park, off A43 (GRSP 962-985). Free parking.
Mon 6 May	10.00am	Barry Knott-Corby Photographic Club (07860 224289)	Woodland and Lyveden New Bield Photographic walk - bring your camera! Entrance charge of £4.50 for non National Trust members. <i>Duration: 2-3 hours</i> <i>Distance: Approx 3 miles</i>	Harley Way gateway (opposite the gliding Club) Brigstock to Oundle Road, off A6116 to Thrapston, Northants.
Mon 6 May	10.00am	Mike Patenall - Ramblers	Circular walk starting & finishing at Fermyn Woods Country Park, Northamptonshire. <i>Duration: 2 - 3 hours</i> <i>Distance: 6.5 miles</i>	Fermyn Woods Country Park Café. Brigstock, Northants. (GRSP 954-851).
Mon 6 May	10.30am	Derek Warren - East Carlton Health Walking Group	Circular route covering an old track possibly of Roman origin. <i>Duration: Approx 2 hours</i> <i>Distance: 4 - 5 miles</i> (Contact no 07757 698603).	Spread Eagle Public House Car Park, Oakley Rd, Corby, NN18 8HW. (GRSP 863 857).
Mon 6 May	11.00am	The Core Theatre	Join Chris McCullough Young on a compelling storytelling journey. <i>Duration: Approx 1 hour. Distance: 1.63 miles</i>	Corby Boating Lake, Cottingham Road, Corby, NN17 1TA.
Mon 6 May	11.00am	David Grayson - East Carlton Walking Group	Circular walk in the picturesque villages of Cottingham & Middleton. <i>Duration: 1 hour.</i> <i>Distance: 2 miles</i>	Car Park area, East Carlton Country Park, LE16 8YF
Mon 6 May	2.00pm	Mel Jarvis	A circular route along the Welland Valley. Bring food & drink. <i>Duration: 3.5 hours</i> <i>Distance: 7.5 miles</i>	Opposite the memorial in the centre of Harringworth, Northants. (GR SP917974).

A WARM WELCOME AWAITS AT THE WHITE LION, 38 QUEEN STREET, GEDDINGTON, NORTHANTS. COME AND VISIT SOON!

Important rules:

- 1. Always follow the Countryside Code. (visit www.countrysideaccess.gov.uk)**
- 2. Always select a walk route that is within your fitness ability.**
- 3. Wear sensible shoes/boots and clothing. Always take additional clothing items with you in case the weather changes.**
- 4. Take water and snacks with you to stay hydrated and keep your energy levels up, particularly on longer distances.**
- 5. Should you decide to go on an unled walk, plan your route in advance, take along a first aid kit and have a mobile phone with you in case you need to make an emergency call.**

We hope you enjoy your walking experience in Corby Borough!

All walkers participate at their own risk. The event organisers and associated partners will not be held liable for any injuries or incidents that may occur.