



Festival Logo designed by William Frogley,
Brooke Weston CTC.



WALKING PROGRAMME 3rd - 5th MAY 2014

Welcome to the 6th Corby Walking Festival. We hope you enjoy walking and taking in some of the wonderful scenery courtesy of the town's woodlands and the Rockingham Forest countryside. A variety of themed walks is included such as local history and arts activities. All walks are free of charge, unless stated otherwise, and they are led by qualified, experienced walk leaders. No matter what your fitness level, you will find something in this programme to suit you. This festival is for the young and the young at heart!

EXTRA FESTIVAL DATES:

THE SUPERHERO SUNSET WALK -

Friday 2 May, 7pm. Join us for an heroic evening walk, starting from Corby Boating Lake, Cottingham Road, Corby, followed by food and a quiz. Remember to don your best cape and mask! All donations kindly given will support the Lakelands Day Care Hospice in Corby. Many thanks to the Everard Arms for supporting the Festival event.



FOR FAMILIES - Lakelands Community Fun Day & Dog Show, Monday 5 May at East Carlton Country Park, Leicestershire from 12 noon - 4pm. Join in the fun, with bouncy castles, archery, face painting, games, falconry display and much, much more! (There will be a small charge for some activities). All proceeds will support the work of Lakelands Day Care Hospice.

The Festival is the result of partnership working by a number of agencies and local organisations. Thanks to all partners who contributed time, resources and funding to this event.

For more detailed information on all walk routes, visit the Festival website: www.corbywalkingfestival.org.uk or the Lakelands Facebook page.

All walkers participate at their own risk. The event organisers and associated partners will not be held liable for any injuries or incidents that may occur. All children and young people under the age of 18 years must be accompanied by a responsible adult during the walk programme activities. Dogs on leads are permitted at the walk leader's discretion. Walk leaders have the right to refuse any walkers whose dogs do not appear under control.



**PLEASE ARRIVE AT THE MEETING POINT 15 MINUTES BEFORE THE START TIME.
ALL WALKS ARE FREE OF CHARGE, UNLESS STATED OTHERWISE.**

FRIDAY 2 MAY PROGRAMME

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Fri 2 May	Through-out the day	Cheryl Joyce-Top Lodge Visitor Centre.	Corby Schools are invited to get wild with a free Forest Scavenger Hunt and arts activities at Top Lodge, Fineshade Woods.	School invitation only. Event not open to the Public.
Fri 2 May	7.00pm	Suzanne Preston - Corby Borough Council.	<u>The Superhero Sunset walk</u> - in support of Lakelands Day Care Hospice. Join us for an hour's walk, followed by food and a quiz afterwards. The best dressed superhero will be awarded a prize!	Boating Lake Car Park, Corby Boating Lake, Cottingham Road, Corby, NN17 1TA.

SATURDAY 3 MAY PROGRAMME

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Sat 3 May	9.30am	Chris Eilbeck - Northants Ramblers. Contact 07932 071781	Linear walk to Burton Latimer. Return by bus (x1) or (x4) from Isham. Bring packed lunch, snacks and bus fare. Pub stop on way, around lunchtime. <i>Duration: 5.5 hours</i> <i>Distance: 14.5 miles</i>	Spread Eagle Public House, Oakley Rd, Corby, Northants., NN18 8HW. GRSP 863 858
Sat 3 May	10.30am	Noel Rogers-East Carlton Health Walking Group.	Lyveden Way Circular Walk. A delightful trek across the Lyveden Valley. Join us for lunch afterwards at the King's Head, Church Street, Wadenhoe. <i>Duration: 3 - 3.5 hours</i> <i>Distance: 6.5 miles</i>	Visitors Car Park, Lyveden New Bield, Oundle, PE8 5AT. GRSP 984 854
Sat 3 May	10.00am	Mike Patenall - Kettering Ramblers.	Leisurely walk through Titchmarsh Wood to Lyveden New Bield with open views over Nene Valley and Red Kite country. Walkers are welcome to join in some pub relaxation at the end. <i>Duration: Approx 3 hours</i> <i>Distance: 8 miles</i>	Francis Griffin Memorial Hall, Main St, Sudborough, NN14 3BX. GRSP 970 820
Sat 3 May	11.00am	Billy Dalziel - Corby Borough Council.	Circular route taking in historic sights of Corby Old Village. <i>Duration: 90 minutes approx.</i> <i>Distance: 1.5 - 2 miles</i>	Corby Heritage Centre 75-77 High Street Corby. NN17 1UU.
Sat 3 May	11.00am	Suzanne Preston - Corby Borough Council.	West Glebe circular route in Corby town. <i>Duration: 1 hour approx.</i> <i>Distance: 2.25 miles</i>	West Glebe Pavilion, Cottingham Road, Corby. NN17 1SZ.

To find out more about the work of Lakelands Daycare Hospice, visit their website www.lakelandshospice.org.uk

SUNDAY 4 MAY PROGRAMME

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Sun 4 May	9.30am	Chris Eilbeck – Northants Ramblers. Contact 07932 071781	Circular walk via Kirby Hall, Gretton & Deene. Bring snacks and a packed lunch. Pub available at Bulwick. <i>Duration: 6.5 hours</i> <i>Distance: 16 miles</i>	Church Street, Weldon, Northants. (Near Junction with Oundle Road (A427)) GRSP 930895
Sun 4 May	11.00am	Noel Rogers - East Carlton Health Walking Group.	Gretton & Harringworth Lodge Circular Walk following part of the Jurassic Way. Join us for lunch afterwards at a local pub in Gretton. <i>Duration: 2.5 hours</i> <i>Distance: 4.5 miles</i>	Gretton Village Hall, Kirby Road, Gretton, NN17 3DB. GRSP 902 944
Sun 4 May	11.00am	Ronnie Vickers - East Carlton Health Walking Group.	A gentle walk through Thoroughsale and Hazel Woods in the heart of Corby. Learn about their history and wildlife. <i>Duration: 1 hour</i> <i>Distance: 2 miles</i>	Boating Lake Car Park, Corby Boating Lake, Cottingham Road, Corby, NN17 1TA.
Sun 4 May	11.00am	Bob Seaton - Kettering Ramblers.	Circular route via Neville Holt and Drayton. <i>Duration: 4 hours.</i> <i>Distance: Approx 8 -10 miles</i>	By the wishing well (next to Café), East Carlton Country Park, East Carlton, LEICS., LE16 8YF.
Sun 4 May	2.00pm	Kye Bishop - Corby Borough Council.	Try a demo of Nordic walking. This is a fantastic whole body workout! Poles provided on day. <i>Duration: 45 minutes</i>	Outside Café, East Carlton Country Park, East Carlton, LEICS., LE16 8YF.
Sun 4 May	2.00pm	Dr Peter Hill - local historian.	Ashley circular walk. Walkers will see a very rare feature of this landscape! <i>Duration: 3.5 hrs</i> <i>Distance: 6 miles</i>	Outside entrance gates of East Carlton Country Park (opposite Church on Church Lane) LE16 8YF.
Sun 4 May	7.00pm	Chris Eilbeck - Northants Ramblers. Contact 07932 071781	Circular walk taking in some of Corby's delightful green spaces. Walkers are welcome to stop at the Everard Arms for a drink afterwards. <i>Duration: 1.5 hours.</i> <i>Distance: 3.5 - 4 miles</i>	Everard Arms, Cottingham Road, Corby, Northants., NN17 1SY. GRSP 884889

SELF GUIDED WALK ROUTES. WOODLAND TRAILS IN CORBY

These walks are self guided, so you can choose to enjoy these routes at your own convenience. The routes showcase some of Corby's wonderful woods and green spaces, notably Hazel and Thoroughsale Woods.

Visit the **Corby Walking Festival website** www.corbywalkingfestival.org.uk for a copy of the map.

Unled Walk Route	Description & Distance	Starting Point
The Hazel Trail	A short circular route. Duration: 30 minutes. Distance: 0.6 miles. <i>Follow red waymarkers.</i>	Corby Boating Lake, Cottingham Road, Corby, N17 1TA.
The Willow Trail	Circular route taking in the tranquil Boating Lake. Duration: 1 hour. Distance: 1.6 miles. <i>Follow blue waymarkers.</i>	As the Hazel Trail
The Oak Trail	Circular route exploring all the woodland. Duration: 2 hours. Distance: 2.3 miles. <i>Follow green waymarkers.</i>	As the Hazel Trail

**PLEASE ARRIVE AT THE MEETING POINT 15 MINUTES BEFORE THE START TIME.
ALL WALKS ARE FREE OF CHARGE, UNLESS STATED OTHERWISE.**

MONDAY 5 MAY PROGRAMME

Date	Start Time	Walk Leader	Description & Distance	Meeting Point
Mon 5 May	9.30am	Chris Eilbeck - Northants Ramblers.	Circular walk via Cottingham/Middleton, Wilbarston & Pipewell. Lunch at Wilbarston. Bring your own packed lunch. <i>Duration: 5.5 - 6 hours</i> <i>Distance: 14.5 miles</i>	Great Oakley Medical Centre Car Park, Barth Close, Corby, NN18 8LU. GRSP869866
Mon 5 May	10.00am	Margaret Brain - Kettering Ramblers.	Circular route via Ashley and Brampton Ash. <i>Duration: 4 hours</i> <i>Distance: Approx 8 - 10 miles</i>	Layby near Wilbarston Village Hall, Carlton Road, Wilbarston, LEICS., LE16 8QD. GRSP 815883
Mon 5 May	10.30am	Elisabeth Jordan – Gretton Local History Society.	A historical walk around the village of Gretton from Roman times to the 20th century. <i>Duration: 1.5 hours</i> <i>Distance: 1 - 2 miles</i>	St James Parish Church, Station Road, Gretton, Northants., NN17 3BU. GRSP 899 945
Mon 5 May	11.00am	David Grayson - East Carlton Health Walking Group.	Circular walk in the picturesque villages of Cottingham & Middleton. <i>Duration: 1 hour.</i> <i>Distance: 2 miles.</i>	Car Park area, East Carlton Country Park, LE16 8YF.
Mon 5 May	1.00pm	Mel Jarvis.	A relatively easy circular walk taking in the lovely countryside of both Northamptonshire and Rutland. <i>Duration: 3.5 - 4 hours plus a possible coffee stop at Fineshade Woods Café.</i> <i>Distance: 10 miles</i>	The Duck pond, The Village Green, Barrowden, Rutland. OS Explorer 234 Stamford & Oakham GRSK 946001
Mon 5 May	2.00pm	Dr Peter Hill - local historian.	Wilbarston - Stoke Albany circular. An historical walk, looking at unusual features of the landscape and buildings. Cameras recommended! <i>Duration: 2 hours</i> <i>Distance: 2 miles</i>	Outside Wilbarston Village Hall car park, Carlton Road, Wilbarston, LEICS., LE16 8QD. GRSP 815883
Mon 5 May	12 noon until 4.00pm		<u>Lakelands Family Fun Day at East Carlton Country Park, Leicestershire.</u> Join in an afternoon of family fun. Donations welcome to support the work of Lakelands Daycare Hospice.	East Carlton Country Park, East Carlton, LEICS., LE16 8YF.

Important rules:

- 1. Always follow the Countryside Code. (visit www.countrysideaccess.gov.uk)**
- 2. Always select a walk route that is within your fitness ability.**
- 3. Wear sensible shoes/boots and clothing. Always take additional clothing items with you in case the weather changes.**
- 4. Take water and snacks with you to stay hydrated and keep your energy levels up, particularly on longer distances.**
- 5. Should you decide to go on an unled walk, plan your route in advance, take along a first aid kit and have a mobile phone with you in case you need to make an emergency call.**